

2025-03-13 Meditation for Thursday in the First Week of Lent is now available at: <https://pgimf.org/meditations/>

[The opening theme song with a poetic paraphrase begins:]

*Ich bete an die Macht der Liebe,*  
O Pow'r of love, all else transcending,  
*Die sich in Jesu offenbart;*  
In Jesus present evermore,  
*Ich geb' mich hin dem freien Triebe,*  
I worship thee, in homage bending,

### ***Sunrise Mass for Choir and String Orchestra: Credo—The City***

Lyrics: Mass Ordinary

Music: Ola Gjeilo (b. 1978; composed 2007)

Artists: Bel Canto Choir Vilnius, Sofia Vokalensemble, the Lithuanian Chamber Orchestra, Egidijus Kaveckas (dir.)

<https://www.youtube.com/watch?v=1004Y0mJOHI> (the Credo begins at 15:10)

[The agitated stringed instruments recall the hustle and bustle of a great city.]

[The men sing in a strong unison as they confess their faith in God, the Father almighty.]

*Credo in unum Deum.*

I believe in one God.

*Patrem omnipotentem, factorem caeli et terra,*

Father omnipotent, maker of heaven and earth,  
*visibilium omnium, et invisibilium.*

and of all things visible and invisible.

[When confessing Jesus, the second person of the Trinity, the women join the men, singing in unison over the churning string orchestra.]

*Et in unum Dominum Jesum Christum,*

And in one Lord Jesus Christ,

[The choir now sings in two- and four-part harmony.]

*Filium Dei unigenitum.*

the only begotten Son of God.

*Et ex Patre natum ante omnia saecula.*

Born of the Father before all worlds.

*Deum de Deo, lumen de lumine,*  
God of God, light of light,  
*Deum verum de Deo vero.*  
*true God of true God,*  
*Genitum, non factum, consubstantialem Patri:*  
Begotten, not made, of one substance with the Father,  
*per quem omnia facta sunt.*  
through whom all things were made.

[Pause, then women sing in unison for the miracle of the Incarnation. The music is once again more sphere-like.]

*Qui propter nos homines, et propter nostram salutem*  
Who for us humans, and for our salvation  
*descendit de cœlis.*  
descended from heaven.  
*Et incarnatus est de Spiritu Sancto ex Maria Virgine*  
And was made flesh by the Holy Spirit through the Virgin Mary  
*Et homo factus est.*  
and was made human.

[The churning 'city' instrumental music returns for the darkness of the crucifixion.]

*Crucifixus etiam pro nobis sub Pontio Pilato:*  
He was crucified also for us under Pontius Pilate,  
*passus, et sepultus est.*  
suffered and was buried.

[Sung softly, filled with awe, slowly rises as it builds.]

*Et resurrexit tertia die, secundum scripturas.*  
And he arose on the third day, according to the scriptures.  
*Et ascendit in cœlum: sedet ad dexteram Patris.*  
And ascended into heaven and sits at the right hand of the Father.

[The 'city' motif returns in the strings while men begin in unison, telling of Christ returning to earth as judge.]

*Et iterum venturus est cum gloria,*  
And he will come again in glory,

*judicare vivos et mortuos,*  
to judge the living and the dead;  
*cujus regni non erit finis.*  
of his kingdom there will be no end.

[I am briefly unable to follow the text. Finally the remainder of the text is heard clearly, with the music usually slowly descending.]

*Et in Spiritum Sanctum Dominum, et vivificantem,*  
And in the Holy Spirit, Lord, and giver of life,  
*qui ex Patre Filioque procedit.*  
who proceeds from the Father and the Son.  
*Qui cum Patre, et Filio simul adoratur*  
Who together with the Father and the Son is adored  
*et conglorificatur, qui locutus est per Prophetas.*  
and glorified, who spoke through the Prophets.

[Music suddenly rises, so that it can once again descend.]

*Et unam, sanctam, catholicam, et apostolicam Ecclesiam.*  
And in one, holy, catholic, and apostolic Church.  
*Confiteor unum baptisma in remissionem peccatorum.*  
I confess one baptism for the remission of sins.  
*Et expecto resurrectionem mortuorum.*  
And I await the resurrection of the dead  
*Et vitam venturi sæculi. Amen*  
and the life in the world to come. Amen.

[Closing words to our theme song:]

*O! dass diess jeder Sünder wüsste,*  
O! that every sinner would know this,  
*Sein Herz wohl bald dich lieben müsste.*  
His heart must soon surely love You.

Evan  
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