

Camp Luther

Breakfast



- A. Pancakes
- B. Waffles
- C. French Toast
- D. Eggs
- E. Eggs Benedict
- F. Continental Breakfast - assortment of pastries
- G. Chef's Special - Fijian Breakfast

*All breakfasts include side dishes -
sausages or bacon, hashbrowns or fruit toppings.
(except Continental).*

*Cold cereal, coffee, tea, milk & orange juice
are always available.*

Guest Group Menu Planner

June 2007

Lunch

- A. Hamburgers & Fries
- B. Pizza Dogs
- C. Sandwich Variety
- D. Mini Subs
- E. Fish & Chips
- F. Grilled Cheese Sandwiches & Fries
- G. Macaroni & Cheese
- H. Enchiladas
- I. Chicken Wraps
- J. Chef's Special - Fijian Lunch

All lunches are served with soup OR salad

Soup selections . . .

- | | | |
|----------------------|----------------------|-----------------------|
| A. Tomato | E. Country Vegetable | I. Cream of Mushroom |
| B. Beef Barley | F. Sweet Pepper | J. Dill Bean Dumpling |
| C. Clam Chowder | G. Split Pea | K. Chicken Noodle |
| D. Cream of Broccoli | H. Cream of Corn | L. Borscht |

Salad selections . . .

- | | |
|-----------------|----------------------|
| 1. Green Tossed | 5. Potato |
| 2. Caesar | 6. Broccoli |
| 3. Greek | 7. Coleslaw |
| 4. Pasta | 8. Raw Veggies & Dip |

All lunches are served with coffee, tea & juice (milk on request)

Supper

- A. Roast Beef
- B. Ham & Scalloped Potatoes
- C. Pork Chops
- D. Roast Chicken
- E. Roast Turkey
- F. Crab-Stuffed Fish Fillet
- G. Perogies & Farmer's Sausage

Chef's Specials . . .

- H. Fijian Supper
- I. Chinese Supper
- J. Mexican Supper
- K. Italian Supper
- L. Greek Supper
- M. Korean Supper (with Kimchi)

Salad selections . . . (except Chef's Specials)

- | | |
|-----------------|----------------------|
| 1. Green Tossed | 5. Potato |
| 2. Caesar | 6. Broccoli |
| 3. Greek | 7. Coleslaw |
| 4. Pasta | 8. Raw Veggies & Dip |

*All suppers include side dishes -
eg. roasted or mashed potatoes, gravy, rice, vegetables, buns, etc.
and are served with coffee, tea & juice
(milk on request).*

Dessert

- A. Jell-O
- B. Pudding
- C. Sundaes
- D. Fruit Pies
- E. Strawberry Shortcake
- F. Black Forest Cake
- G. Hot Fudge Brownie Sundaes
- H. Cheesecake (*with fruit topping*)
- I. Chef's Choice (*always something "special"*)

Snacks - for snack-time a variety of goodies / fresh fruit will be offered with hot chocolate or juice, coffee & tea.
(hot & cold water is always available)

Menu Planner

Place the number or letter of your meal selection in the appropriate box on the chart below for each day of your retreat. Fill in your contact information and select meal times. Upon completion, fax (604-826-7675) or mail this page to Camp Luther (9311 Shook Road, Mission, BC V2V 7M2) at least **2 WEEKS** prior to your retreat.

If there is anyone in your group with allergies or specific dietary concerns please call and speak directly with our Food Services Coordinator to ensure we have all the details necessary to accommodate your menu requests.

<i>Retreat Date</i>	<i>Total # expected</i>
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<i>Group Name</i>	
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<i>Contact Person</i>	
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<i>Home #</i>	<i>Work #</i>
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Meal times:
(*please circle*)

Breakfast	8:00 am	8:30 am
Lunch	12:00 pm	12:30 pm
Supper	5:00 pm	5:30 pm

Evening snack will be set out and available for your group at your scheduled time.

Day	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
Breakfast							
Lunch							
Soup/ Salad							
Supper							
Salad							
Dessert							